

# *COMMONWEALTH of VIRGINIA*

*Department for the Aging*

Jay W. DeBoer, J.D., Commissioner

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# COMMONWEALTH of VIRGINIA

*Department for the Aging*

Jay W. DeBoer, J.D., Commissioner

04-215

## MEMORANDUM

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Tim M. Catherman  
Deputy Commissioner, Support Services

**DATE:** August 24, 2004

**SUBJECT:** Healthcare and Aging Awards to Recognize Innovative Programs

Deadline: September 17, 2004

The Healthcare and Aging Network of the American Society on Aging (<http://asaging.org/>), in collaboration with Pfizer Medical Humanities Initiative, invites submissions for its sixth annual Healthcare and Aging Awards recognizing outstanding programs and services in healthcare and aging.

In 2005, the awards will be given to organizations that have demonstrated high-quality, innovative programs that enhance the health-related quality of life in older adults.

Winning programs will be honored at the 2005 Joint Conference of ASA and the National Council on the Aging, to be held in Philadelphia from March 10 to 13, 2005. Up to six programs will receive cash awards of \$2,500; one-night's lodging for one person at the conference, and a one-year complimentary membership to ASA and the Healthcare and Aging Network.

Applicant programs must be providing healthcare or health-promotion services to older adults. Healthcare organizations, homecare and community-based service providers, long-term care organizations, aging-network agencies, and others that meet this qualification are invited to apply. Applicants must be members of the American Society on Aging. (Applicants who are not currently ASA members may apply for membership at <http://asaging.org/join> )

All applications should be submitted online. See the ASA Web site for complete eligibility information and application procedures.

RFP Link: <http://asaging.org/awards/han.cfm>

1610 Forest Avenue, Suite 100, Richmond, Virginia 23229

Telephone (804) 662-9333 (V/TTY) Fax (804) 662-9354 Toll-Free (800) 552-3402 (V/TTY)

# COMMONWEALTH of VIRGINIA

*Department for the Aging*

Jay W. DeBoer, J.D., Commissioner

## MEMORANDUM

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Tim M. Catherman  
Deputy Commissioner, Support Services

**DATE:** August 24, 2004

**SUBJECT:** Virginia Aging and AoA in the News

Below are Virginia Aging or AoA related articles that have occurred since last week's Tuesday E-mailing. These links do not require a paid service; however, some (like the Washington Post, etc.) ask a brief survey or registration. Please note some links are time sensitive and can change daily. Some articles may be editorial. Links are presented 'as is'.

If you are aware of articles that I am missing, please e-mail me a link for inclusion next week.

### VDA In the News

GRANDDRIVER Brochure Now Available

PR Newswire (press release) - USA

17 /PRNewswire/ -- The Virginia Department for the Aging announces the availability of an informative brochure as part of its GrandDriver public awareness ... <<http://www.prnewswire.com/cgi-bin/stories.pl?ACCT=109&STORY=/www/story/08-17-2004/0002233235&EDATE=>>

### Virginia AAAs In the News

RAIN put a damper on some fair festivities

Coalfield Progress - Norton,VA,USA

... Mullins, 17, was crowned Miss Virginia-Kentucky District Fair ... many to board the Mountain Empire Older Citizen's buses ... The senior citizens pageant was still held ...

<[http://www.zwire.com/site/news.cfm?newsid=12709212&BRD=1283&PAG=461&dept\\_id=158544&rft=6](http://www.zwire.com/site/news.cfm?newsid=12709212&BRD=1283&PAG=461&dept_id=158544&rft=6)>

### AoA News From Around the Nation

PILOT project will aid elderly

Indianapolis Star - Indianapolis,IN,USA

... The Jewish Community Relations Council obtained an \$845,000 grant from the US Administration on Aging with the assistance of the state's congressional ... <<http://www.indystar.com/articles/5/171529-1235-103.html>>

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## Aging In The News

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WOMAN recognized for teaching seniors signs of fraud phillyburbs.com - PA,USA ... She recently became one of 21 volunteers to win a national award from the US Administration on Aging during the National Health Care Fraud Conference in July. ... <<http://www.phillyburbs.com/pb-dyn/news/111-08192004-350912.html>>

US Administration On Aging Seeks Community Partners To Promote ... SeniorJournal.com - San Antonio,TX,USA 20, 2004 - Local senior citizen groups and other community organizations are being invited to become partners with the US Administration on Aging (AoA) in the ... <<http://www.seniorjournal.com/NEWS/Fitness/4-08-20Ucan.htm>>

# COMMONWEALTH of VIRGINIA

*Department for the Aging*

Jay W. DeBoer, J.D., Commissioner

## MEMORANDUM

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Ellen Nau, Human Services Program Coordinator

**DATE:** August 24, 2004

**SUBJECT:** Best Practices – Help for Early Memory Loss

The Summer 2004 Brookdale Respite Reporter contains an informative article by Kristin Einberger, Program Manager Adult Day Services of Napa Valley, Napa, California. In working with clients in the early stages of Alzheimer's Disease who experience memory loss, Adult Day Services of Napa Valley conducts a Mind Boosters Program. Participants in the program cite the following tips that are helpful to them in their everyday lives:

- Make and carry with you lists of everything you need to remember
- Do something as soon as you think of it
- Place a memory container by the front door for trips outside the home and keep your purse, lists, maps etc. in it
- Use association clues to help you remember and, repeat things you need to remember – the more you say something the more likely you are to remember it
- Do not let persons interrupt your thoughts when you are speaking
- Don't rush
- Keep active
- Use humor
- Keep socializing
- Exercise
- Celebrate your strengths

Best Practices – Help for Early Memory Loss  
Page 2 of 2

The Mind Boosters group meets weekly and enjoys activities that provide mental and physical stimulation, compensatory strategies for improving or maintaining cognitive skills and socialization. Weekly lunch outings and monthly field trips provide more enjoyment and socialization for the group.

Each year since 1989, the Brookdale National Respite Group Respite Program (BNGRP) has announced a Request for Proposal (RFP) to develop new social model, dementia-specific group respite programs for Alzheimer's families. To receive further information on the grant program contact Evelyn Yuen, TA Resources Manager at the Brookdale National Respite Program 510-540-6734 or consult the organization's website at [www.brookdalefoundation.org](http://www.brookdalefoundation.org).

*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*  
Jay W. DeBoer, J.D., Commissioner

TO: Executive Directors  
Area Agencies on Aging

AND: AIM System Managers

FROM: Leonard Eshmont  
Information System Administrator

DATE: August 24, 2004

RE: AIM Workshop / Review of NAPIS Changes for New Fiscal Year

VDA will hold an AIM Workshop on Friday, October 1, 2004. It will be held in Richmond at the Wythe Building within the Forest Office Complex. Please mark your calendars for this event.

As a reminder, NAPIS reporting has some new reporting requirements that will be implemented on October 1, 2004. These changes will affect all AAA's and will require an update to the AIM application when the new fiscal year begins. The purpose of this meeting will be to provide an overview of the upcoming changes to the AIM system to all AIM Administrators and their backup personnel. Preferred practice is to review these types of changes weeks or months before implementation so that all parties involved will have adequate time to make necessary changes in daily procedures involving data collection. However, due to timing issues on when AoA approved changes to the NAPIS format, this has caused the meeting to be held later than preferred.

Lodging is available the night of September 30<sup>th</sup> at the Sheraton Richmond West for the state rate of \$77.00 per room plus applicable taxes. Reservations can be obtained by calling toll free (800) 325-3535 and identifying yourself with the VDA AIM Training. Reservations must be made no later than September 16, 2004; otherwise there is no guarantee a room will be available at the time of your request.

Directions for the conference room and Hotel have been included with this mailing. A copy of this notice will be emailed to all AIM administrators as well. Please respond by September 16, 2004 as to the number and names of attendees from your agency by calling my office at (804) 662-9800 or by email at Leonard.Eshmont@vda.virginia.gov.

## **Directions to Central Area Training Center 1604 Santa Rosa Road**

**Forest Office Park  
1604 Santa Rosa Road  
2<sup>nd</sup> Floor Suite 232A (Richmond and Henrico Rooms)  
Richmond, VA 23229  
804-662-7470**

**See Map Below**

**Traveling on Interstate 64 East:** Approaching Richmond from the west (Roanoke, Lynchburg, Charlottesville, etc.), take the BROAD ST. ROAD/GLENSIDE DRIVE EXIT 183 off I-64. Go RIGHT off the exit onto GLENSIDE DRIVE, following the blue hospital sign. **Go to “Final Approach” below.**

**Traveling on Interstate 64 West:** Approaching Richmond from the east (Virginia Beach, Norfolk, Williamsburg, etc.), follow I-64 West through Richmond using I-95 North. Leave I-95 North at the CHARLOTTESVILLE EXIT, continuing on I-64 West. Take the GLENSIDE DRIVE SOUTH EXIT 183A. **Go to “Final Approach” below.**

**Traveling on Interstate 95 North:** Approaching Richmond from the south (Hopewell, Petersburg, Emporia, etc.) take the CHARLOTTESVILLE EXIT onto I-64 West. Take the GLENSIDE DRIVE SOUTH EXIT 183A. **Go to “Final Approach” below.**

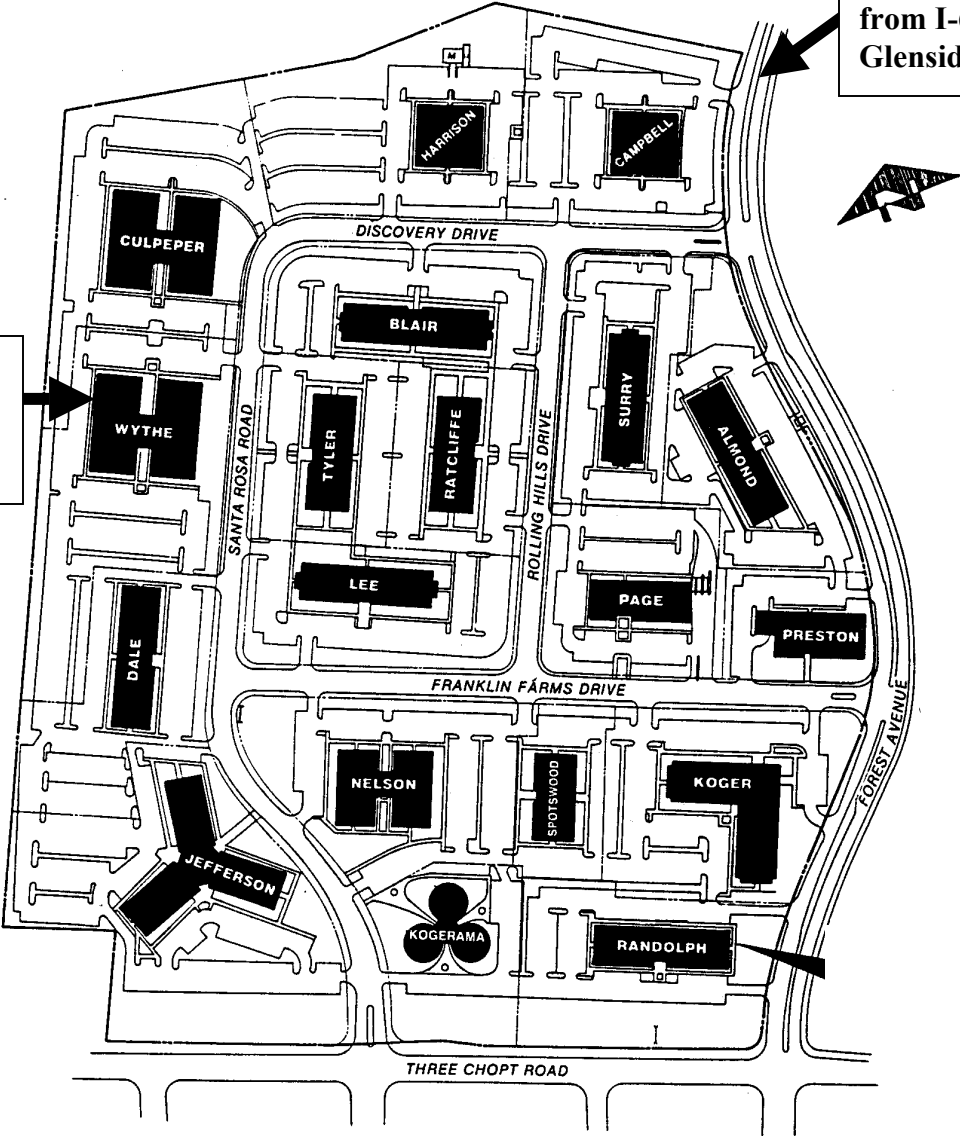
**Traveling on Interstate 95 South:** Approaching Richmond from the north (Winchester, Fairfax, Arlington, etc.) take the I-295 EXIT marked CHARLOTTESVILLE I-64. When I-295 ends, in approximately 9 miles, take the I-64 EAST EXIT toward Richmond. Take the BROAD ST./GLENSIDE DRIVE EXIT 183. Go RIGHT off the exit, following the blue hospital sign. **Go to “Final Approach” below.**

**Final Approach:** Continue on GLENSIDE DRIVE a short distance (3/10 mi.) to the stoplight at FOREST AVENUE. Turn RIGHT onto FOREST AVENUE and continue approximately 1½ miles to the stoplight at DISCOVERY DRIVE (you will cross SKIPWITH ROAD and pass HENRICO DOCTORS' HOSPITAL on the left.) At the stoplight, turn RIGHT onto DISCOVERY DRIVE. DISCOVERY DRIVE turns sharply to the left and becomes SANTA ROSA ROAD. As you make this turn, building 1604 is on your right. There is parking on three sides of the building.



1604  
Santa  
Rosa Rd.

Approach  
from I-64/  
Glenside Dr.



**Directions to the Sheraton Richmond West Hotel**  
**(Formerly the Richmond Hyatt)**  
**6624 West Broad Street**  
**Richmond, VA 23230**  
**(804) 285-2000**

**From North**

Take Route 95 South, Exit 79 onto I-64 westbound (**DO NOT TAKE I-295**). Take exit 183-B (Broad Street East). Take a left at the first traffic light into the Brookfield complex.

**From South**

Take Route 95 North, Exit 79 onto I-64 westbound (**DO NOT TAKE I-295**). Take exit 183-B (Broad Street East). Take a left at the first traffic light into the Brookfield complex.

**From East**

From the airport take I-64 West to I-95 North. Go 2 miles to Exit 79 (Charlottesville/I-64). Go 2.6 miles to exit 183-B (Broad Street East). Take a left at the first traffic light into the Brookfield complex.

**From West**

Follow I-64 west to the exit marked Broad Street Road East. Take a left at the first traffic light into the Brookfield complex.